

Ima Avaza (Mother Goose)
Shabbat Rhymes and Songs

Rhymes / Finger Plays:

Challah Baker man, by Diane Rauchwerger

Pat-a-cake, pat-a-cake (clap hands)
Baker's man
Bake me a challah
As fast as you can.
Braid it and braid it (hand over hand, like braiding)
One, two, three
And pop it in the oven (rub baby's tummy)
For baby and me.

Challah Cover Peek-s-Boo, by Diane Rauchwerger

The challah is covered (put a napkin in front of your face)
We'll all say a prayer
Take off the cover (remove napkin)
I see you there
Peek-a-boo!

Havdalah Candle, by Diane Rauchwerger

Havdalah candle (roll hands)
Burn so bright,
Twisted, twisted,
Light the night.
We're ready to work (slow down rolling)
Throughout the week
Till next Shabbat comes, (slowly open hands, palms up)
Oh, so sweet

Kiddush Cup, by Diane Rauchwerger

Here is the kiddush cup (cup hands together)
Shining so bright
On our table (hands flat, spread out)
On Friday night.
In its reflection (hands together, palms up toward face)
I can see
The challah (fists together)
The candles (pointer fingers up)
My family and me. (pointer fingers point out, then to self)

Little Sammy Spider, by Jacqueline Jules

Little Sammy Spider (pointer finger to thumb, thumb to pointer
Lived in a Jewish house moving up)
Up on the ceiling (point to ceiling)
Quiet as a mouse (pointer finger on mouth)

He climbed down his web (pointer finger to thumb, thumb to pointer moving down)

To see the kiddush cup (make a fist with left hand)
He nearly fell inside (right pointer finger in left hand fist)
So he climbed back up (pointer finger to thumb, thumb to pointer moving up)

Nimble Jack, by Sara Levy

Jack be nimble, Jack be quick.
Help me polish my candlestick.
Polish it fast, polish it bright,
Make it shine for Friday night.

Shabbat Candles, by Diane Rauchwerger

Shabbat candles (both hand up, wiggle fingers)
All aglow,
One, two, (pointer fingers up, one at a time)
They burn so slow,
Lower, lower, (bend pointer fingers down, slowly)
Out they go
Poof! (open both hands)

Wind, Wind. Wind /Braid a Challah, by Diane Rauchwerger

Wind, wind, wind (2 x) (make fists, roll hands)
Pull, pull, tap, tap, tap. (pull fists apart, tap one fist on top of the other)

Make a challah (2 x) (make fists, roll hands)
Braid, braid, pat, pat, pat. (make braiding motions, tap one fist on top of the other)

Songs:

Bim Bam Shabbat Shalom

Bim bam, bim, bim, bim bam
Bim, bim, bim, bim, bim bam (2 X)
Shabbat Shalom, hey! (2 X) Translation:
Shabbat, Shabbat, Shabbat, Shabbat Shalom. Shabbat peace

Goodie Good Shabbat

Goodie (4 X) good Shabbat
Good Shabbat (2 X)
Goodie (4 X) good Shabbat
Good Shabbat.

Minna min (2 X) (roll hands)
Minna, minna, minna, min

Minna, minna, minna, minna, minna ma

(roll hand, open hands out)

Hineh Ma Tov

Hiney ma tov uma na'im
Shevet achim gam yachad.

Translation:

How good and pleasant it is that
brothers and sisters live peacefully
together.

I've Got That Shabbat Feeling, by Ansi Joseph

I've got that Shabbat feeling
Up in my head (3 X)
I've got that Shabbat feeling
Up in my head
And it feels so good.

Repeat with: down in my toes
under my nose
down in my belly
deep in my heart

Let's Set the Table for Shabbat, by Andi Joseph

Let's set the table for Shabbat
Oh, what do you think we need? (2 X)
Oh, we need candles, candles, candles for Shabbat
We need candles, candles, for Shabbat.

Repeat with: challah
wine

Ma Yafeh Hayom

Ma yafeh hayom, Shabbat shalom (2 X)
Shabbat Shabbat shalom (3 X)
Shabbat shalom

Translation:

How beautiful is this day of
Shabbat peace.

Shabbat Shalom Family

Shabbat Shalom ema
Shabbat Shalom Aba
Shabbat shalom, Shabbat shalom
The whole mishpachah

Translation:

Mother, Father

Repeat: Achote, Ache
Savta, Saba

Sister, Brother
Grandma, Grandpa

There's a Dinosaur Knocking on My Door, by Andi Joseph

There's a dinosaur knocking on my door
Knocking one, two, three.
There's a dinosaur knocking on my door
'Cause he wants to have Shabbat with me.

He wants to light the candles
He wants to pour the wine
He wants to eat some challah
He wants to take a rest.
Yes, he wants to have Shabbat with me.

This is the Way to the Synagogue (to the tune of Here We Go Round the Mulberry Bush), by Diane Rauchwerger

This is the way to the synagogue,
The synagogue, the synagogue.
This is the way to the synagogue
So early Shabbat morning.

First we hear the Rabbi pray,
Rabbi pray, Rabbi pray.
First we hear the Rabbi pray,
And read from the Torah.

Then we hear the Cantor sing,
Cantor sing Cantor sing.
Then we hear the Cantor sing,
Shema Yisroael.

Now it's time for Oneg Shabbat,
Oneg Shabbat Oneg Shabbat.
Now it's time for Oneg Shabbat,
And munch a tasty cookie.

Now it's time to go back home,
Go back home, go back home.
Now it's time to go back home
And take a Shabbat nap.

What do you Like about Shabbat?, by Jackie Weissman

What do you like about Shabbat? (2 X)
I like the _____.
She/he likes the _____
That's what we like about Shabbat.

CLOSING

My Anyim Can See

My anyim can see (point to eyes)
My peh can talk (point to mouth)

My oznayim can hear
My reglayim and walk

(point to ears)
(point to legs)

But when the clock,
It's time does show
I take my rhymes
And away I go
Shalom

(point to clock on the wall, or watch)

(wave good bye)

Compiled by
Diane Rauchwerger
June 2007